DEAN STUDENTS' WELFARE OFFICE

Report of Counselling Session (2018 to 2023)

Year 2022-23

<u>Counselling Sessions</u>- In addition to its core functions, the Office of Dean Students' Welfare conducts various awareness campaigns to educate students about their rights, duties, and responsibilities. To fulfil this objective, the DSW office organized a Lecture-Cum-Workshop in collaboration with the Narcotics Control Bureau at Kirori Mal College and Atma Ram Sanatan Dharma College in June 2023. The aim was to raise awareness among young students about substance use.

Year 2021-22

<u>Counselling Sessions-</u> Along with these functions the office of Dean Students' Welfare organizes several awareness campaigns to make students aware about their rights, duties and responsibilities. In line of these objective DSW office had observed Anti-Terrorism Day on 21st May 2021 and World No Tobacco Day on 31st May 2021 respectively. These programmes were held in the online mode and reports of the programmes were shared by the concerned ministry under the Government of India. Before the Job Mela, the Central Placement Cell had organised an online orientation cum counselling session on Saturday 26th March 2022 from 2 pm to 5 pm on CV writing and Time Management which was attended by stakeholders quite enthusiastically.

Year 2020-21

On 28th May 2020, the Dean Students Welfare Office, University of Delhi organized a webinar titled "Exploring Resilience and Self-care for Students in Covid- 19 Times". The speakers for the event were Dr. Bijayalaxmi Nanda, Principal (Acting), Miranda House, Ms. Sutapa Sanyal, Former Director of General Police and Dr. Amrita Dass, Founder Director Institute for Career Studies. This webinar was Chaired by Prof. Rajeev Gupta, Dean Student's Welfare and coordinated by Dr. Hena Singh and Dr. Somorendro Singh, Deputy Deans, Students' Welfare.

On the next day i.e., 29th May 2020, Dean Students' Welfare Office in association with VACT SOLUTIONS offered an online training workshop for three hours on "Design Thinking- Creativity and Innovation for Excellence." This workshop was free of cost for the students as well as faculty members of University of Delhi and a certificate of participation was also given to all the participants. The response was very enthusiastic and around 1100 students and faculty members registered and participated in this workshop.

On 16th June, DSW office organized an international webinar on "Mental Health Challenges during COVID- 19." The speakers for this session were Dr. Anil Singhal, Senior Neurologist, Oklahoma, USA and Dr. AchalaSinghal, Senior Cardiologist, Oklahoma, USA. The event was chaired by Prof. Rajeev Gupta, Dean Student's Welfare and coordinated by Deputy Deans Students' Welfare - Dr. Hena Singh and Dr. Somorendro Singh. This webinar had an overwhelming response from the participants.

On 13th July, DSW office reached other milestones by organizing online career counselling/mental counselling and motivational sessions between the officials of Talerang career training and faculty members of the University of Delhi on the modalities for conducting online training/classes for faculty members and pedagogies of online education.

On 31st July 2020, Dean Students' Welfare Office, University of Delhi conducted a webinar on Changing paradigms in Education: impact of Covid 19 long lasting or seasonal? This webinar had galaxy of star speakers. The key note address was delivered by Shree Shakti Sinha, Hony DSPP&G, University of Delhi. The webinar was chaired by Prof Rajeev Gupta, Dean Students Welfare and coordinated by Dr Hena Singh and Dr Somorendro S Singh, Deputy Deans Students Welfare. The webinar was a huge success and attended by more than 220 participants. This online webinar had Dr Dwarika Prasad Uniyal, Professor and Dean, Flame University, Dr Sanjay Kumar, India Company Director, LMSAI, Harvard University and Mr. Aditya Mallik, MD and CEO TalentEdge Ltd as the illustrious panelists.

Year 2019-20

<u>STRESS MANAGEMENT PROGRAMME:</u> In order to energies students and feel them rejuvenated, the central placement cell on 18th September organised a session on stress management in association with ethic craft which is a youth wing of Ishkon. The basic purpose was to empower the youth on matters of values and social well-being. This workshop was much appreciated and attended by approximately 550 students and faculties.

In order to motivate and keep them engaged the Central Placement Cell also organized several counseling sessions under the aegis of Dean Students Welfare Office for students as well as faculty members of the University of Delhi.

Year 2018-19

<u>Transition</u>: Counselling sessions were conducted for the teachers from different schools of Delhi. The basic premise to conduct these sessions was to guide the teachers regarding the admission process in University of Delhi. The Entire process of admission was explained to them so that they could extend the necessary guidance to their students in respective schools.